



SANCTUARY  
SPA



Enter a world of well-being at Coconut Bay's oceanfront Spa. A setting created to inspire your personal journey toward Replenishment, Invigoration and Relaxation.

Our Spa's dedicated therapists create an elevated experience of blissful pampering and complete relaxation. Creating your personal palette of treatments designed specifically for your individual skin care and wellness concerns to leave you feeling revived, restored and reconnected.

Our exclusive lineup of organic therapies, including unique Saint Lucian products and aloe picked from our gardens, rejuvenate and balance the body as the tranquil experience uplifts and delights the spirit. Soothing spaces in luxurious, oceanfront surroundings are designed for you to spend precious time alone, just for two or with your bridal party.

Oceanfront spa cabanas envelop your senses. See the beauty of the blue sky and water. Breathe in the fresh fragrant ocean air, and feel the warm breeze and the healing touch of your spa therapist.

Indulge in a Spa transformation. Luxuriate in a memorable uplifting, sensory healing experience.



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### MANGO PASSION WRAP

50MIN | \$125

A vitamin E enriched wrap to stimulate, nourish and boost skin cell turnover. After cleansing, the skin is then drenched with our local mango passion body butter to moisturize and protect the skin from sun damage.

### "EN MASSE" MASSAGE

80MIN - \$179

This head to toes treatment incorporates a relaxing head & scalp massage, and full body Swedish massage using the islands "Calabash" to break tension and soften muscles. Reflexology completes the treatment using warm peppermint infused Coconut oil rich in Vitamin E and K to melt away stress and anxiety to promote healing from within.

### CHOCOLATE "COCOA TEA" SUGAR SCRUB

50MIN | \$125

80MIN | \$179

World renowned Lucian Chocolate is combined with warm tropical oils with a hint of nutmeg to create an invigorating and exhilarating scrub to improve blood flow. Cocoa body butter is massaged into the entire body to complete the treatment for a luxurious touch.

### PINEAPPLE MANGO SALT SCRUB

50MIN | \$125

80MIN | \$179

Rich in vitamin C and high in antioxidants, this tropical salt scrub gently exfoliates the skin while infusing it with key nutrients. Your treatment is not complete without the application of Coconut Bays own spiced coconut milk body lotion to hydrate, replenish, and improve skins elasticity.

### HEALING TOUCH- FOUR HAND MASSAGE

50MIN | \$260

80MIN | \$380

In the tradition of alternative medicine, this four hand massage treatment has your mind and body completely enveloped in sensation. Simultaneously two therapists synchronize their movements to create an unimaginable experience that will bring about a harmonious sense of wellbeing.



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## PAIN RELIEF TREATMENTS

**BACK THERAPY MASSAGE - HOT STONE**  50MIN | \$145

This upper body treatment targets neck, back & shoulders. Deep tissue techniques and the use of hot basalt stones are used to break up and release tension and soothe aching muscles.

**BACK THERAPY MASSAGE - CUPPING** 50MIN | \$165

Deep tissue techniques and the use of Myofascial cups are used to release and stretch fascia to alleviate tension and soothe aching muscles in your neck, back & shoulders..


**SERENITY DEEP TISSUE MASSAGE** 50MIN | \$135 80MIN | \$199

An intense full body treatment focusing on the deep muscular tissue. This deep massage, using organic coconut oil, relieves tension and releases accumulated toxins allowing blood and oxygen to circulate freely.

## RELAXING TREATMENTS

**NECK, BACK, SHOULDER MASSAGE** 30MIN | \$65

This upper body back treatment using light to medium pressure, targets the neck back and shoulders; melting away stress.

**TRANQUILITY MASSAGE**  50MIN | \$110 80MIN | \$159

A full Body Swedish massage to relax the body, providing a feeling of balance and tranquility

**AROMA-MASSAGE** 50MIN | \$120 80MIN | \$169

Warm organic coconut oil infused with aromatic essential oils, is used to perform this relaxing full body Swedish massage.

**OCEANFRONT CABANA MASSAGE** 50MIN | \$130 80MIN | \$179

The ultimate full body Swedish massage in our oceanfront cabana will relax the body and stimulate the senses, all while you hear the soothing sound of the ocean and feel the cool ocean breeze.

## ENRICHMENT ADD ON TO TREATMENT

Aromatherapy blended essential oils may be added to any of the above treatments for conditions, muscle aches and pains, stress relief and stimulation.

**FRANKINCENSE, VETIVER, AND LAVENDER** Stress relief. \$10

**BERGAMOT, LEMON AND YLANG YLANG** Uplifting and stimulating. \$10

**SANDALWOOD, GINGER AND CLARY SAGE** Muscle aches and pains. \$10

## ADD ON

**BODY POLISH** 20MIN | \$60PP

## EXTEND

**HEAD & SCALP MASSAGE** 15MIN | \$15PP

**FACE MASSAGE** 15MIN | \$15PP

**FOOT MASSAGE** 15MIN | \$15PP

**STOMACH (for lymphatic drainage)** 15MIN | \$15PP

**STICKS OR STONES OR BODY SCULPTING** 20MIN | \$60PP

(only applies to 50min massage services)



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**NURTURING MOM-TO-BE** **50MIN | \$139**

Relax with a combination of safe pregnancy massage techniques suitable for after 12 weeks of pregnancy. Specialized positioning is used to ensure the ultimate in comfort and relaxation, relieving tension in the back and alleviating swelling in hands and feet.

**REFLEXOLOGY**  **50MIN | \$149**

Therapeutic pressure points massages working the reflex zones of the feet which correspond to different parts of the body. Stimulating these reflexes can help many health problems in a natural way, and restore balance & harmony within the body.

**LAVA SHELL MASSAGE** **50MIN | \$149****80MIN | \$235**

Lava Shells massage is greatly enjoyable for anyone with tense muscles, as the heat from the lava shells will gently relax and smooth away knots. The shells also give off calcium ions when heated, which transfers to your skin during the massage and helps firm and regenerate skin.

**HOT CANDLE MASSAGE** **50MIN | \$149****80MIN | \$235**

When lit, the massage candle melts into a warm sumptuous massage oil. This warm oil of natural butters is then drizzled over the skin for a wonderful massage treatment. The massage candle melts away tension and delicately nourishes the skin leaving you feeling relaxed, rejuvenated and renewed.

**HOT STONE MASSAGE**  **50MIN | \$149****80MIN | \$235**

Harnessing the ancient healing powers of hot basalt stones for a complete body experience. Key energy points are revived while signature massage techniques are combined with warm oils to deeply relax and rebalance the mind & body.

**HOT BAMBOO MASSAGE** **50MIN | \$149****80MIN | \$235**

This deeply relaxing treatment elongates the muscle fiber, promoting well-being, relieves stress, tension and stimulates blood circulation and an unbelievable sense of relaxation.



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From Tree to Spa to Body; this selection of organic body treatments is guaranteed to hydrate, nourish and transform the skin.

### GINGER GREEN TEA BODY POLISH

50MIN | \$125

This combination of green tea, warm oils with a hint of ginger provide anti-oxidant and anti-inflammatory properties. The skin benefits are immediate as it works to protect it from premature ageing, UV damage, redness and irritation as well as fight off bacteria.

### HONEY & LEMONGRASS SCRUB

50MIN | \$125

This combination of essential oil, raw organic honey and brown sugar has the combined effect of exfoliating the body while relieving muscle pain and body aches. The raw honey is known for its anti-bacterial properties while the lemongrass soothes and sedates the body to relieve stress and anxiety.

### COCONUT SCRUB

50MIN | \$125

Locally grown organic coconut shavings combined with natural coconut oil and sea salt gently exfoliate the skin leaving the skin feeling soft and silky to touch. Coconut milk is massaged into the entire body leaving the skin nourished and smooth.

### ALOE VERA WRAP

50MIN | \$115

Coconut Bay's own just-harvested, organic aloe vera rich in vitamins, minerals, amino acids, enzymes in a wrap that soothes, replenishes, and heals sunburnt or irritated skin. A hydrating facial completes this head to toe reparative treatment.

### CALMING CLAY WRAP

50MIN | \$129

Green clay, seaweed and essential oils has the effect of cleansing and detoxifying the skin. A thin layer is massaged into the skin before wrapping then its detoxifying properties go to work to flush impurities away from the skin as the minerals revitalize the skin.

### CELLULITE WRAP

80MIN | \$189

Customized to the individual needs, this treatment reduces the appearance of all 3 types of cellulite, while the slimming wrap smoothens the skin. Cellulite body serums are then added to burn fat, improve circulation, and improve collagen & elastin followed by a stimulating sculpting massage.

BODY THERAPIES



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SKIN CARE COLLECTION

Our facials are designed to treat your specific skin care needs. Select which treatment addresses your main concerns and let our therapists transform your skin. All our 50min and longer facials include a 15min facial massage



EXPRESS COLLECTION


**SOOTHING ALOE CUCUMBER FACIAL**  **30MIN | \$65**  
This calming facial incorporate gentle exfoliation and use of cool cucumber to the eyes to reduce puffiness and combat premature ageing. Soothing aloe is then applied to hydrate and heal sunburnt and irritated skin.



**RADIANT EXPRESS FACIAL**  **30MIN | \$65**  
In 30mins we can transform your skin with this Vitamin C reparative facial to give skin an instant and natural boost.



**PURIFYING BACK-CIAL**  **45MIN | \$69**  
Designed to cleanse, exfoliate, correct and soothe this hard to reach area. Includes extractions.

SPECIALIST COLLECTION

**RENEWAL FACIAL**   **50MIN | \$99**  
Specially designed to treat skin that is dehydrated or environmentally damaged, providing preventative anti-aging benefits. Glycolic fruit acids AHA slough away dead cells revealing a refreshing skin beneath. A firming enhanced moisturizer helps soften even the deepest wrinkles and eye serum helps smooth away fine lines.

**GENTLEMEN'S FACIAL**  **50MIN | \$119**  
This comprehensive facial provides a deep cleansing treatment and exfoliation, extraction, a relaxing facial massage and finishing skin conditioning mask.

**CUSTOM BEAUTY FACIAL**   **50MIN | \$139**  
Custom tailored to your specific needs, this facial includes deep pore cleansing, exfoliation, gentle extraction, a serum massage and mask ending with a rich moisturizer.

**ULTIMATE LIFT & SCULPT FACIAL**   **80MIN | \$159**  
This customized anti-aging facial packs a powerful punch of peptides, antioxidants, firming collagen and hyaluronic hydrating agents. A mineral Microdermabrasion of volcanic rock, salicylic acid prepares the skin to receive treatment serums. A specialised elasticity reviver is massaged into the skin and enhanced by a collagen lifting mask to plump and repair the skin's bio-matrix. Dramatic changes in the skin will occur after one treatment. Recommended for all skin types, female or male.

**ENRICHMENT FACIAL ADD-ON** (Only applies to 50min facials)

**BEARD GROOMING** **20MIN | \$25**  
Let us expertly groom your beard with a specialized cleanse, conditioning, trimming of stray hairs and moisturizer, to promote healthy skin, tame course hair and give you a polished and handsome appearance.

**EYELIFT & CONTOUR FACIAL** **30MIN | \$45**  
This treatment targets the delicate eye area eliminating puffiness, dark circles and treating fine lines and wrinkles, firming the contour of your eyes leaving them refined and youthful.





Combinations created with three intentions in mind.... Invigorate, Relax and Replenish the Face and Body.

### ISLAND ESCAPE

80MIN | \$189

This head to toe treatment begins with a steaming botanical oil compress on hands and feet followed by a Coconut Beach Scrub. It exfoliates with sugar, while moisturizing with shea butter and coconut lotion. The island scent is transporting as a massage of botanical oil is a refreshing finish to a renewed body.

### HANAKASUMI™ RITUAL

80MIN | \$199

Embark on an enchanting sensorial journey filled with floral notes of Cherry Blossom and Lotus Flower to relax the body and nourish the skin. Our signature body treatment incorporates a warm exfoliating cream to soften and smooth the skin. A unique, invigorating foot massage flows into a relaxing full body massage using warm aromatic shea butter to bring blissful relaxation to your mind body and soul.

### TROPICAL OASIS

2HRS 20MIN | \$269

This complete tropical experience begins with a coconut milk soak rich in essential amino acids to softens the feet, followed by a pineapple and mango body polish leaving your skin soft to the touch, and a moisturizing coconut cream massage leaving skin luminous and luxurious. The face is then prepped with a cleansing facial wash and gentle clarifying scrub to exfoliate and smooth away dead skin cells. A hydrating facial mask is then applied to replenish and repair delicate skin; then our anti-aging moisturizer is applied to restore your natural glow to complete the journey.

### CARIBBEAN INDULGENCE

2HRS 20MIN | \$279

Indulge in an afternoon of nourishment for your body. This luxurious treatment begins with a calming foot soak of Lavender & Hibiscus to soften and soothe skin followed by a gentle exfoliation with our Honey & Lemongrass scrub rich in Vitamin E to moisturize even the driest skin. A fresh pineapple papaya wrap is applied for soothing, deep hydration and a full body butter massage will seal in moisture leaving skin soft and hydrated. A vitamin rich Radiant facial completes the treatment.

SPA PACKAGES: LUCIAN FUSION



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COUPLES TREATMENTS

TIME FOR TWO (INDOORS)

TRANQUILITY MASSAGE FOR TWO	50MIN   \$240
AROMA-MASSAGE FOR TWO	50MIN   \$260
SERENITY DEEP TISSUE MASSAGE FOR TWO	50MIN   \$290
HOT CANDLE MASSAGE FOR TWO	50MIN   \$318
HOT STONE MASSAGE FOR TWO	50MIN   \$318
LAVA SHELL MASSAGE FOR TWO	50MIN   \$318

OCEANFRONT SPA CABANAS

TRANQUILITY MASSAGE FOR TWO	50MIN   \$280
AROMA-MASSAGE FOR TWO	50MIN   \$300
HOT STONE MASSAGE FOR TWO	50MIN   \$358
LAVA SHELL MASSAGE FOR TWO	50MIN   \$358

ENRICH/EXTEND COUPLES TREATMENTS

HEAD AND SCALP MASSAGE	15MIN   \$15
FACE MASSAGE	15MIN   \$15
FOOT MASSAGE	15MIN   \$15
BODY POLISH	20MIN   \$60

Aromatherapy blended essential oils may be added to any of the above treatments to alleviate muscle aches and pains, relieve stress, and stimulate and condition muscle. EACH BLEND \$10



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**EXPRESS MANICURE**

40MIN | \$35

Heals the hand with an Agave Nectar Oil infused with specially sourced agave plant extracts. Includes cuticle care, nail filing, buffing and nail polish (excludes French polish or gel application).

**EXPRESS PEDICURE**

40MIN | \$49

Agave Nectar revives tired legs and feet with a skin quenching foot treatment and pampering massage to restore healthy circulation. Includes cuticle care, nail filing, buffing and nail lacquer (excludes French polish or gel application).

**LUXURY MANICURE**

60MIN | \$69

This complete hand experience includes a coconut cream amino acid soak, a coconut beach hand exfoliation rich in vitamin E, a paraffin wax hand masque, a hydrating vitamin E-rich shea butter hand and arm massage, cuticle care, nail filing and nail lacquer (Excludes French polish or gel application).

**LUXURY PEDICURE**

60MIN | \$89

A spa day treatment for feet, legs and heels with rich amino acid soak, a callus heel treatment, vitamin E rich foot exfoliation, foot and leg massage using vitamin E enriched shea butter, cuticle care, nail filing and nail polish (excludes French polish or gel application).

**HAND & FOOT ENRICHMENT ADD-ONS:**

**GEL COLOUR FOR HANDS AND FEET**

15MIN | \$10

Beauty meets durability, with a gel colour that results in a long-lasting, chip-free finish.

**REMOVAL OF EXISTING GEL COLOUR**

15MIN | \$10

**FRENCH POLISH**

15MIN | \$10

A clean and sophisticated style, with a natural pink nail base and white polish applied to the tips.

**WARM PARAFFIN HAND OR FOOT MASQUE**

15MIN | \$20

A deeply conditioning hand or foot wrap smoothens and softens hands or foot. Excellent for people suffering from arthritis, eczema or psoriasis.

**CALLUS FOOT TREATMENT**

20MIN | \$45

Specifically designed to exfoliate the areas of callus build up on overworked feet. Relax with a foot and leg massage to renew the skin's essential oils, followed by honey heel glaze to seal in moisture.



## BEAUTIFUL BRIDE PACKAGE

This comprehensive salon package for the bride includes a hair styling consultation and trial, wedding day hair styling, makeup consultation and makeup application. Brides sit back and relax as they are pampered and enjoy a glass of prosecco with optional tea sandwiches and canapés.

### HAIR AND MAKEUP CONSULTATION & TRIAL (ASK FOR DETAILS)

#### WEDDING DAY HAIR AND MAKEUP

80 MIN | \$199

#### YOUNG LADIES

45MIN | \$65

For young ladies in the wedding party. Enjoy a mini manicure followed by a stylish "Princess Updo".

#### GALLANT GROOM SALON PACKAGES

1HRS 30MIN | \$150

Grooms are pampered on their wedding day with a 30-minute neck, back and shoulder massage, hot lather shave in the salon and buffing manicure.

#### THE HAPPY COUPLE

1HRS 20MIN | \$250

For the day before or after the wedding, to book a couples massage in a private treatment room and receive a complimentary romantic cabana upgrade with two glasses of sparkling prosecco. Available exclusively to brides and grooms with wedding celebrations booked at Coconut Bay Beach Resort & Spa.

#### WEDDING MAKEUP

Dual appointments for stress-free wedding day makeup. A makeup consultation and trial session leads up to wedding makeup application on the big day.

#### CONSULTATION AND TRIAL

60 MIN | \$120

#### WEDDING DAY MAKEUP

30 MIN | \$60

#### WEDDING DAY HEAD TO TOE SALON PACKAGE

2HRS 15MIN | \$199

Designed to take the stress out of the wedding day, brides are pampered with wedding day hair styling and makeup, express manicure and pedicure. Plus a glass of sparkling wine.



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## HAIR STYLING WOMEN

STYLE	\$45 UP
HAIR TRIM (WOMEN)	\$45 UP
SHAMPOO AND BLOW	\$45 UP
SHAMPOO, BLOW AND STYLE	\$95
STRAIGHTENING IRON ONLY	\$15

## HAIR ENRICHMENT ADD-ON

DEEP CONDITIONING TREATMENT	\$30
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## HAIR STYLING MEN

HAIR CUT (MEN)	\$45 UP
MEN'S HOT LATHER SHAVE	\$60

## HAIR REMOVAL

HALF-LEG WAX	30MIN   \$50
FULL-LEG WAX	60MIN   \$79
UNDERARM WAX	20MIN   \$29
BIKINI WAX	20MIN   \$29
BROW WAXING	30MIN   \$30
LIP & CHIN WAX	20MIN   \$15 EACH AREA

## EYEBROWS AND LASHES

LASH TINTING	20MIN   \$30
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HAIR | MAKEUP | WAX



Our Sanctuary Spa features 6 indoor treatment rooms with private showers plus 6 oceanfront spa cabanas with outdoor showers in addition to 2 saunas, 2 steam rooms, relaxation lounge, changing room and lockers in addition to a full service hair and beauty salon. We suggest making appointments in advance.

Please arrive 15 minutes prior to your scheduled reservation. This allows time for a leisurely check-in, change of clothes and a few moments to relax and enjoy our facilities. Showering prior to your treatment is recommended. Robes and slippers are provided in changing rooms. Lockers have locks with a key, however, for the safety of your valuables we suggest you leave them in the safe provided in your hotel room.

Clothing is not recommended during body treatments, however, underwear can be worn. Professional draping is applied with each service for the privacy and comfort of our guests. Regretfully, if you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next guest.

All Prices quoted are in US\$ and do not include St. Lucia VAT (Sales Tax) and service charges which automatically will be added to your bill. Please notify the Spa 24 hours prior to your appointment time to cancel an appointment and four hours prior to reschedule an appointment. Cancellations made with less than 24 hours notice will be subject to a 50% cancellation fee.

Prices and services are subject to change without notice.

Please notify a Spa receptionist when booking treatments if you are pregnant, have allergies or any physical ailments, or disabilities. In accordance with international spa industry standards, certain medical conditions may prohibit the application of certain products and treatments. Accordingly, we will provide each guest with a medical questionnaire to be completed prior to your treatment which will allow our staff to tailor your treatment needs specifically for you.

Spa Certificates are available for purchase. With so many benefits, they make a great gift allowing our guests to redeem for their preferred therapy. We also have an extensive range of local and international professional care products for you to purchase at Tax Free prices.

NOTE: To keep the serenity of the spa, we ask that you silence all mobile devices upon arrival. Gratuity for exemplary service is discretionary.







# Coconut Bay

BEACH RESORT & SPA - ST. LUCIA

SPA HOURS: 9 AM - 6 PM

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