

Coconut Bay

BEACH RESORT & SPA - ST. LUCIA

Welcome to Coconut Bay and the beautiful island of St. Lucia. While you are visiting we invite you to take part in the many daily activities around the resort scheduled for your enjoyment.

NOTE: All day and evening activities are subject to change without notice and weather permitting. Activities scheduled are recommended for ages 12 & above unless otherwise stated.

Daily Activity Schedule

SUNDAY

- 10:00 am** - HOTEL ORIENTATION
@ Front Desk
- 10:30 am** - BIG FOOT RACE
@ Beach
- 11:00 am** - BEACH CRICKET
@ Beach
- 2:00 pm** - BEACH VOLLEYBALL
@ Beach
- 3:00 pm** - BEACH SOCCER
@ Beach

MONDAY

- 7:30 am** - YOGA / MORNING STRETCH
@ Gazebo
- 10:00 am** - HOTEL ORIENTATION
@ Reception
- 10:00 am** - BODY BURN
@ Gym
- 10:30 am** - COCONUT BOWLING
@ Main Stage
- 11:00 am** - AQUA FITNESS
@ Activities Pool
- 11:45 am** - KITE SURFING DEMO
@ Activities Pool
- 2:00 pm** - BOCCE BALL
@ Splash Lawn
- 3:00 pm** - BEACH VOLLEYBALL
@ Beach
- 5:30 pm** - MANAGER'S COCKTAIL PARTY
@ Main Lobby

TUESDAY

- 7:30 am** - YOGA / MORNING STRETCH CLASS
@ Gazebo
- 8:30 am** - NATURE POWER WALK
@ Blu Bar
- 10:00 am** - HOTEL ORIENTATION
@ Reception
- 10:00 am** - PILATES
@ Gym
- 10:30 am** - WALK THE PLANK
@ Activities Pool

- 11:00 am** - AQUA FITNESS
@ Activities Pool
- 11:45 pm** - POOL VOLLEYBALL
@ Activities Pool
- 2:30 pm** - REGGAE DANCE CLASS
@ Blu Bar
- 3:00 pm** - LAWN CRICKET
@ Splash Lawn

WEDNESDAY

- 7:30 am** - YOGA / MORNING STRETCH CLASS
@ Blu Bar
- 10:00 am** - HOTEL ORIENTATION
@ Reception
- 10:00 am** - LEGS, BUMS & TUMS
@ Gym
- 10:30 am** - PYRAMID CRASH
@ Main Stage
- 11:00 am** - AQUA FITNESS
@ Activities Pool
- 11:45 am** - POOL VOLLEYBALL
@ Activities Pool
- 2:00 pm** - BOCCE BALL
@ Splash Lawn
- 2:30 pm** - FAMILY TIE DYE
@ Main Stage
- 3:00 pm** - ST. JUDES HOSPITAL
'CHARITY RUBBER DUCK RACE'
@ Lazy River
- 3:30 pm** - BEACH VOLLEYBALL
@ Beach

THURSDAY

- 7:30 am** - YOGA / MORNING STRETCH CLASS
@ Gazebo
- 8:30 am** - HIKE TO QUARRY HILL
@ Blu Bar
- 10:00 am** - HOTEL ORIENTATION
@ Reception
- 10:00 am** - MID MORNING STRETCH
@ Gym
- 10:30 am** - BEACH CRICKET
@ Beach
- 11:00 am** - AQUA FITNESS
@ Activities Pool

- 11:45 am** - WATER POLO
@ Activities Pool
- 2:30 pm** - CARIBBEAN DANCE CLASS
@ Blu Bar
- 4:00 pm** - FOOTBALL / STAFF SOCCER
@ Field

FRIDAY

- 7:30 am** - YOGA / MORNING STRETCH CLASS
@ Gazebo
- 10:00 am** - HOTEL ORIENTATION
@ Reception
- 10:00 am** - PILATES
@ Gym
- 10:30 am** - PRESS YOUR LUCK
@ Main Stage
- 11:00 am** - AQUA FITNESS
@ Activities Pool
- 11:45 am** - WATER POLO
@ Activities Pool
- 2:30 pm** - BINGO
@ Swim Up Pool Bar
- 3:00 pm** - BEACH VOLLEYBALL

SATURDAY

- 8:00 am** - HIKE TO VIEUX FORT TOWN
@ Meet in Main Lobby
- 10:00 am** - HOTEL ORIENTATION
@ F. Desk
- 10:30 am** - LAZY RIVER IRON MAN RACE
@ Lazy River
- 11:45 am** - WATER POLO
@ Activities Pool
- 2:00 pm** - DOMINOES ISLAND STYLE
@ Blu Bar
- 2:30 pm** - ADULTS DARTS TOURNEY
@ Blu Bar
- 3:00 pm** - BEACH VOLLEYBALL

Please take the opportunity to patronize our local craft vendors by purchasing a gift from St Lucia. The vendors are on resort from 8:00 am to 8:00 pm on Tuesdays and Saturdays.

Please Dial the Following Extensions for Further Assistance.

Front Desk: 0, Adventure Desk: 4021, Guest Services: 6041, Spa: 6032, Gift Shop: 4020, Dinner Reservations: 6066 (Mon-Fri) or 2200 (Sat & Sun.)

We have a fantastic week planned for you, so you can do as much or as little as you like.

Please note this is a SAMPLE entertainment schedule. All day and evening activities / entertainment are subject to change without notice and weather permitting.

Nightly Entertainment Schedule

SUNDAY

7:00 pm - FOLK BAND
@ Lobby

9:00 pm - SING ALONG WITH MONTY MAXWELL
@ Peter John's Lounge

MONDAY

Caribbean Theme Night!

6:00 pm - MANAGER'S COCKTAIL PARTY
@ Lobby

6:30 pm - COCO AND LOCO KIDS
CARNIVAL PARADE
@ Lobby

7:00 pm - ISLAND CALYPSO
@ Main Stage

8:00 pm - *Show Time:*



**THE SPLENDOR OF CARNIVAL
FOLLOWED BY A LIVE BAND**

10:30 pm - NIGHT CLUB OPENS

TUESDAY

7:00 pm - DAVID ELWIN ON THE GUITAR
@ Lobby

8:30 pm - FAMILY KARAOKE
@ Blu Bar

10:30 pm - NIGHT CLUB OPENS

WEDNESDAY

7:00 pm - DUO GROUP FLORIC SERENADES
@ Lobby

8:30 pm to Midnight - POOL PARTY
@ Adult Pool (weather permitting)



THURSDAY

7:00 pm - MONTY MAXWEL ON GUITAR
@ Lobby

8:00 pm - LIVE BAND PERFORMS
@ Blu Bar



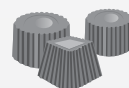
10:30 pm - NIGHT CLUB OPENS

FRIDAY

7:00 pm - LIVE BAND
@ Lobby

9:00 pm - ADULT KARAOKE
@ Peter John's Lounge

10:00 pm - CHOCOLATE EXTRAVAGANZA
@ Peter John's Lounge



11:00 pm - NIGHT CLUB OPENS

SATURDAY

*Country & Western
Theme Night!*

7:00 pm - COWBOY SHERVON SEALY PERFORMS

7:30 pm - SHOWDOWN
@The Hoe Down
"Come see our CBay chefs battle
for the champion's trophy"

8:00 pm - COUNTRY LINE DANCING
@ Main Stage
Join us for the CBay Boogie Woogie

8:30 pm - *Show Time:*

A ST. LUCIAN HOE DOWN WITH COUNTRY
STAR LM STONE & THE CBay DANCERS
@ Blu Bar

10:30 pm - NIGHT CLUB OPENS



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