

KAI MER SPA

Coconut Bay
Beach Resort & Spa



Nestled on the idyllic, lapping shores of the Atlantic Ocean, Coconut Bay Beach Resort's indulgent Kai Mer Spa awaits. Translated *House by the Sea*, this exquisite jewel of a spa features eight oceanview treatment rooms with outdoor showers and the ultimate in luxury: outdoor spa cabanas set right along the shore. Take your senses on a tranquil journey with Kai Mer's signature organic therapies. The transformation begins in the tropics with one-of-a-kind treatments like the Vanilla Coco Massage, Tropical Sea Salt Glow or Pineapple Mango facial. Many of our body treatments are designed to reflect the culture of the Caribbean using a blend of herbs and minerals indigenous to the area. Whether your desire is to relax, rejuvenate or just relish the pampering, your experience at Kai Mer will be unforgettable.

Massages

HAND AND FOOT MASSAGE

50 MIN

Your hands and feet carry the majority of your body’s work. With stress and fatigue they impact how you move and feel. This soothing therapy begins with a warm water foot soak enhanced with the scents of essential oil followed by a 25 minute foot massage and a 25 minute hand massage targeting weary digits and addressing key pressure points to reduce stress and induce relaxation.

VANILLA COCO

30 MIN

Awaken the senses with an upper body treatment using coconut and vanilla essences. This massage targets the back, neck, shoulders and head.

KAI MER TRANQUILITY

50 MIN

A classic full-body Swedish massage to stimulate circulation and relax the body, providing a feeling of balance and harmony.

INDIAN HEAD MASSAGE

30 MIN OR 50 MIN

Based on the Ayurvedic system of healing, this experience releases tension in the tissues, muscles and joints of the head, face, neck and shoulders.

AROMATHERAPY MASSAGE

55 MIN

Combining the sense of smell with touch, this gentle, lymphatic massage combines acupressure point work with rhythmic strokes to enhance your energy flow.

MOTHER-TO-BE MASSAGE

60 MIN

A soothing full-body therapy to improve circulation and decrease swelling while relieving aches and pains.

HOT STONE MASSAGE

75 MIN

Using the deep penetrating heat of smooth lava stones, this ancient art of healing relieves tense muscles, sore joints, stress, and a weary spirit.

DEEP TISSUE MASSAGE

50 MIN

Focusing on the deepest layers of muscle tissue, this pressure therapy is beneficial in releasing chronic muscle tension and leaves you with a feeling of complete wellbeing.

BACK THERAPY

50 MIN

This comprehensive relaxation technique includes a 25-minute hot stone massage and a 25-minute deep tissue massage.



HOT CANDLE MASSAGE

55 MIN

Super emollient, this candle is made of a proprietary combination of skin pampering ingredients that melt into a deliciously warm scented oil perfect for relaxing and moisturizing the skin.

BEAUTY GARDEN & ORGANIC BODY RITUAL

50 MIN

Awaken the senses and restore well being with this exceptional certified organic body ritual. An invigorating apricot exfoliation is followed by an enveloping body massage with warmed helianthus oil delicately scented with ylang ylang and cinnamon essential oils. The results leave skin silky smooth, nourished and well protected.

Time For Two (Indoors)

COUPLE’S TRANQUILITY MASSAGE

50 MIN

HOT CANDLE MASSAGE

50 MIN

COUPLE’S AROMATHERAPY MASSAGE

55 MIN

COUPLE’S HOT STONE MASSAGE

75 MIN

Restoration Wraps

ORGANIC ALOE VERA NOURISHING WRAP

50 MIN

Harvested from our aloe garden moments before your treatment, this healing plant soothes, hydrates and softens the skin acting as an anti-oxidant. A hydrating facial completes the experience.

DETOXIFYING MUD WRAP

50 MIN

Using coconut, aloe and lavender essences combined with organic clay and mud, this detoxifying heat therapy flushes impurities from the skin while the storehouse of minerals and trace elements heals pain and sore muscles.

SEAWEED WRAP

50 MIN

The body is prepared for this detoxifying treatment with a rigorous dry brushing massage, enhanced by the use of essential oils. Seaweed is nature’s most complete source of nutrition. It stimulates metabolism and detoxifies the body, leaving skin silky, smooth and glowing.

ANTI-CELLULITE SLIMMING TREATMENT

80 MIN

This multi-step package includes the powerful synergy of an anti-cellulite salt glow scrub, with a warm body peeling wrap, to speed up metabolism and improve oxygenation and nutrition of the connective tissues.



Facials

BOTANICAL MINI FACIAL

30 MIN

An energizing mud mask made with organic elements rich in sea enzymes, minerals and vitamins to improve oxygenation and nutrition for rejuvenation and firming of skin.

EUROPEAN BEAUTY FACIAL

50 MIN

Custom tailored to your specific needs, this facial includes deep pore cleansing, exfoliation, gentle extractions, a serum massage and mask ending with an appropriate moisturizer.

EUROPEAN ACTIVE CONTOUR EYE CARE FACIAL

60 MIN

This treatment targets the delicate eye area eliminating puffiness, dark circles, fine lines and wrinkles. It will firm the contour of your eyes leaving them redefined and youthful.

LUMINOUS “C” AND SEA FACIAL

80 MIN

A vitamin supplement for dull and dehydrated skin, this mask reduces fine lines, strengthens skin’s elasticity and provides relief for sun-damaged skin. Your complexion resurfaces renewed, firm and smooth with a luminous glow.

ISLAND EXOTICA CUSTOM FACIAL

80 MIN

Choose from several enhancements to heighten the benefits of your facial: Rosacea, Anti Free Radical, Oxygenating, Plantomer Soothing or Anti Aging Collagen. This exclusive facial is targeted to accommodate specific skin types on the face, neck and décolleté. Whether you are looking to combat the effects of stress or aging, this custom therapy is sure to leave your skin renewed.

Tropic Organic

CUSTOMIZED SENSORIAL ESCAPE

60 MIN

Body Polish and Moisturizing Massage. You choose the essential oil to take your senses on a journey of stimulation, rejuvenation or relaxation, while your skin’s youthfulness is restored with a vigorous fine sugar and salt body polish. The experience ends with a therapeutic full body massage, using enriched moisturizers to hydrate and seal in skin’s radiant glow.

PAPAYA-PINEAPPLE OR MANGO-PASSION

60 MIN

Body Scrub and Moisturizing Wrap. Exotic ingredients known for their restorative and smoothing properties are used to revitalize skin. The transformation begins with an organic scrub to exfoliate, energize and release negative ions. The body is cocooned in a blend of aromatic and calming ingredients to soften and smooth the skin.

Body Buffs

TROPICAL SEA-SALT GLOW

50 MIN

Select from tropical citrus scents as your body is treated to exfoliation that nourishes, soothes and replenishes while refining the skin.

COCONUT SCRUB

55 MIN

Combining natural oils with locally grown organic coconut shavings this 100% natural element instantly leaves your skin feeling soft, smooth, healthy and vibrant.

ISLAND EXOTICA SUGAR BUFF

60 MIN

Indulge in this combination of a gentle exfoliation using sugar, coconut and almond essentials for toning the skin. Then savor the scents of vanilla as artful strokes smooth over the skin.

Radiant Hands

Nail designs, french manicure, acrylic and gel services (including repairs) are available.

PARAFFIN TREATMENT *30 MIN*

MINI MANICURE *20 MIN*

SPA MANICURE *50 MIN*

Includes hand exfoliation with essential oils, mask and 20 minute hand massage.

LUXURY MANICURE *60 MIN*

All the steps for beautiful and younger looking hands: peppermint scrub, paraffin mask, and hot stone massage with customized essential oils.

Fabulous Feet

PARAFFIN TREATMENT *30 MIN*

MINI PEDICURE *30 MIN*

SPA PEDICURE *60 MIN*

Includes essential oil scrub, mask and 20 minute foot massage.

SOLE DELIGHT *80 MIN*

Treat your feet to a fragrant soak, peppermint scrub, paraffin mask, and hot stone massage with customized essential oils.

Bridal Services

MAKE UP *45 MIN*

WEDDING HAIR STYLES *60 MIN*

BLISS PACKAGE

European active contour eye care facial, mini french manicure, make up application and wedding hair style.

Salon Services

Traditional Salon Services for men, women and children are available by appointment. Ask for pricing:

• Hair Cuts • Hair Styling • Hair Braiding • Body Waxing • Eyebrow Shaping • Makeup Application • Eye Lash Extension

Just for Men

GENTLEMAN'S FACIAL *50 MIN*

Deep cleansing designed to benefit your particular skin-care needs. Leaves the skin clear, clean and hydrated.

KAI MER RENEWAL *30 MIN*

Leave your cares behind with a 50 minute Swedish massage enhanced by essential oils plus 30 minute facial and spa pedicure.

Intimate Oceanfront Spa Cabanas

With a mixture of sea breezes, island views and the soothing sounds of the ocean, guests are invited to this oasis of serenity for day and evening massages.

KAI MER TRANQUILITY FOR ONE *50 MIN*

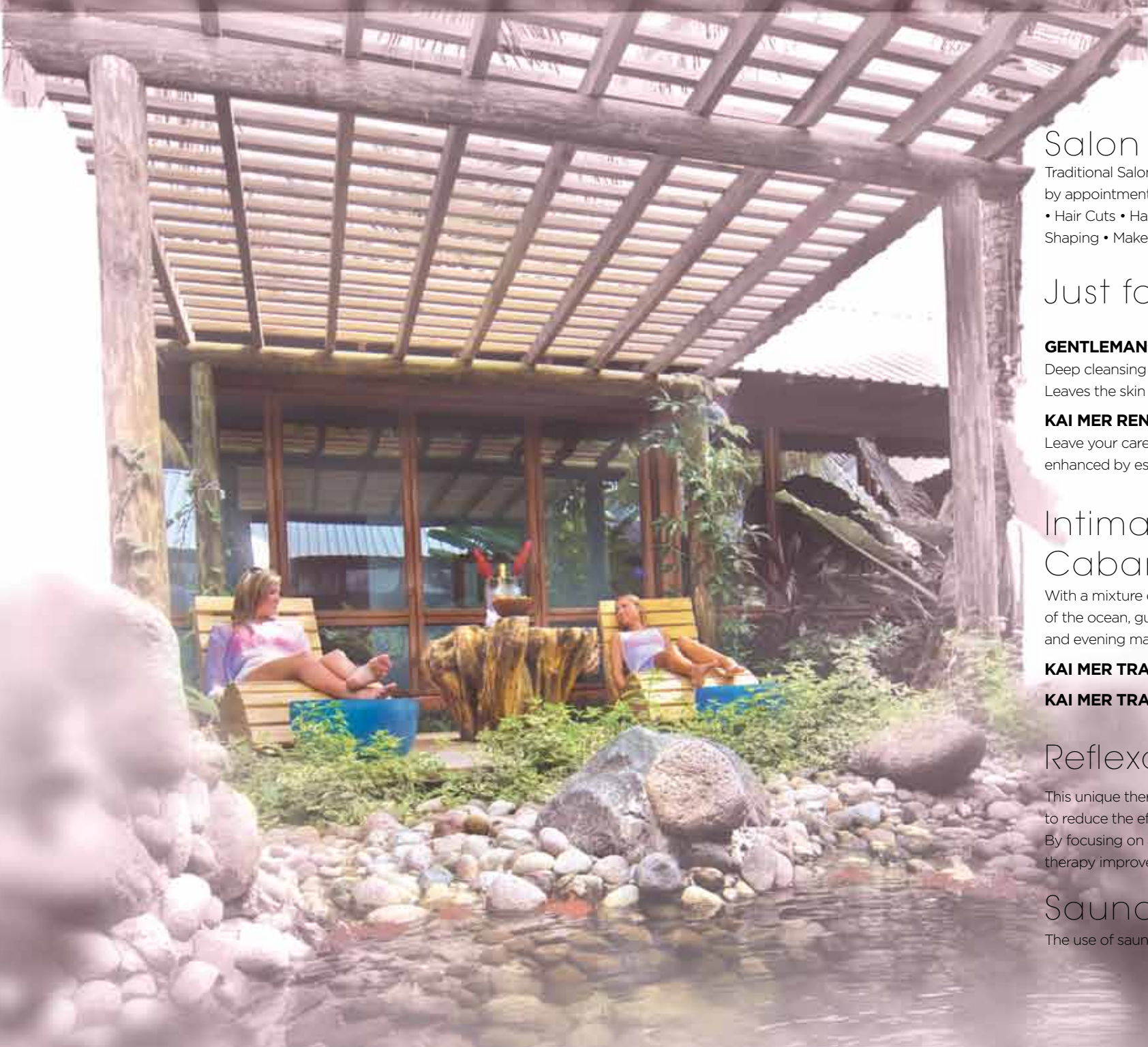
KAI MER TRANQUILITY FOR TWO *50 MIN*

Reflexology

This unique therapy focuses on specific pressure points on the feet to reduce the effects of stress, anxiety, insomnia, back aches and more. By focusing on and stimulating these pressure points this relaxing therapy improves immunity, health and overall sense of well being.

Sauna and Steam Rooms

The use of sauna and steam rooms are complimentary for spa guests.



Lucian Fusion (Packages)

- TEEN ESCAPE**

2 HR

Teens can chill-out during this relaxing combination of mini facial, 30 min massage and French manicure.
- JET LAG RELIEVER**

2 HR 30 MIN

Reduce the effects of your long journey with a moisturizing and firming Vitamin C European facial followed by a spa manicure and pedicure.
- SOOTHING SCENTSATION**

2 HR 45 MIN

Using the healing properties of essential oils this experience includes hot stone massage, aromatherapy facial and steam/ sauna.
- BODY GLOW**

2 HR 20 MIN

This combination of papaya-pineapple scrub, full body massage, and marine mini facial is designed to leave your skin and your body refreshed, rejuvenated and silky smooth.
- ISLAND RETREAT**

2 HR 40 MIN

Spend your day getting completely pampered with a Kai Mer Tranquillity massage, 50-minute body wrap and European facial.

General Information

Kai Mer Spa features 8 indoor treatment rooms with private showers, 3 intimate beachfront cabanas, 2 saunas, 2 steam rooms, relaxation lounge, atrium garden, changing room and lockers in addition to a full service beauty salon. We suggest making appointments in advance.

Please arrive 15 minutes prior to your scheduled reservation. This allows time for a leisurely check-in, change of clothes and a few moments to relax and enjoy our facilities. Showering prior to your treatment is recommended and robes are provided in changing rooms. Lockers have locks with a key, however, for the safety of your valuables we suggest you leave them in the safe provided in your hotel room.

Clothing is not recommended during body treatments; however, undergarments may be worn if preferred. Professional draping is applied with each service for the privacy and comfort of our guests. Regretfully, if you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next guest.

Please notify a Spa receptionist when booking treatments if you are pregnant, have allergies or any physical ailments, or disabilities. In accordance with international spa industry standards, certain medical conditions may prohibit the application of certain products and treatments. Accordingly, we will provide each guest with a questionnaire to be completed prior to your therapy which will allow our staff to cater specifically to your conditions and skin type.

Kai Mer Spa Gift Cards make a great gift for your friends and family and will allow them to select the treatments they want to enjoy. Professional skin care products and gifts are also available for purchase.

NOTE: Spa guests under 16 must be accompanied by parent or guardian. To keep the serenity of the spa, we ask that you silence all mobile devices upon arrival. Gratuity for exemplary service is discretional.

Kai Mer Spa Operating Hours: 9 am – 7 pm

All Prices quoted are in US\$ and do not include St. Lucia VAT (Sales Tax,) which will be added to your bill.
Please notify the Spa 24 hours prior to your appointment time to cancel an appointment and four hours prior to reschedule an appointment. Cancellations made with less than 24 hours notice will be subject to a 50% cancellation fee.
Prices and services are subject to change without notice.

Telephone: 1.758.459.6000 Ext. 6032/6023 Email: spa@cbayresort.com

www.cbayresort.com

KAI MER SPA MENU

MASSAGES

Hand and Foot Massage 50 min	\$59
Vanilla Coco 30 min	\$59
Kai Mer Tranquility 50 min	\$99
Indian Head Massage 30 min or 50 min	\$65 OR \$89
Aromatherapy Massage 55 min	\$139
Mother-to -Be Massage 60 min	\$129
Hot Stone Massage 75 min	\$149
Deep Tissue Massage 50 min	\$129
Back Therapy 50 min	\$129
Hot Candle Massage 55 min	\$129
Beauty Garden & Organic Body Ritual 50 min	\$119

TIME FOR TWO (INDOORS)

Couple's Tranquility Massage 50 min	\$179
Hot Candle Massage 50 min	\$239
Couple's Aromatherapy Massage 55 min	\$249
Couple's Hot Stone Massage 75 min	\$279

RESTORATION WRAPS

Organic Aloe Vera Nourishing Wrap 50 min	\$99
Detoxifying Mud Wrap 50 min	\$119
Seaweed Wrap 50 min	\$119
Anti-Cellulite Slimming Treatment 80 min	\$169

FACIALS

Botanical Mini Facial 30 min	\$69
European Beauty Facial 50 min	\$99
European Active Contour Eye Care Facial 60 min	\$129
Luminous "C" and Sea Facial 80 min	\$159
Island Exotica Custom Facial 80 min	\$159

TROPIC ORGANIC

Customized Sensorial Escape 60 min	\$129
Papaya-Pineapple or Mango-Passion 60 min	\$139

BODY BUFFS

Tropical Sea-salt Glow 50 min	\$99
Coconut Scrub 55 min	\$119

Island Exotica Sugar Buff 60 min	\$129
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RADIANT HANDS

Paraffin Treatment 20 min	\$29
Mini Manicure 20 min	\$39
Spa Manicure 50 min	\$49
Luxury Manicure 60 min	\$69

FABULOUS FEET

Paraffin Treatment 25 min	\$29
Mini Pedicure 30 min	\$39
Spa Pedicure 60 min	\$69
Sole Delight 80 min	\$89

BRIDAL SERVICES

Make up 45 min	\$59
Wedding Hair Styles 60 min	\$75+
Bliss Package	\$259

JUST FOR MEN

Gentleman's Facial 50 min	\$119
Kai Mer Renewal 30 min	\$209

INTIMATE OCEANFRONT SPA CABANAS

Kai Mer Tranquility for One 50 min	\$119
Kai Mer Tranquility for Two 50 min	\$219

REFLEXOLOGY

Reflexology 60 min	\$80
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LUCIAN FUSION (PACKAGES)

Teen Escape 2 hr	\$139
Jet Lag Reliever 2 hr 30 min	\$199
Soothing Scentsation 2 hr 45 min	\$249
Body Glow 2 hr 20 min	\$279
Island Retreat 2 hr 40 min	\$269

SALON SERVICES

Inquire at Spa Reception for Fees.	
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Ask About Specials and Gift Certificates
Telephone: 758.459.6000 Ext. 6032/6023