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Child-Friendly All-Inclusive Resorts in the Caribbean

by Cicely A. Richard, Demand Media

The Caribbean consists of more than 5,000 islands created by volcanoes and flat coral structures. These land masses contain mountains, beaches and coral reefs. All-inclusive child-friendly resorts provide packages that save families money by including meal, entertainment and kid's activities. Several resorts offer separate areas for families, medical assistance and babysitting. Children have the opportunity to learn water sports or explore the island at no additional cost. Parents get some time alone while children play with guests their own ages.

Coconut Bay Resort and Spa

The 85-acre Coconut Bay Resort and Spa features an all-inclusive family wing called **Splash**. All-inclusive amenities include all meals and snacks at the resorts, three restaurants, unlimited beverages, Coco Kidz daily activities, the waterpark and three swimming pools, sports and fitness facilities, and entertainment. Coco Kidz offers supervised activities for children up to 12 years old, including arts and crafts, games, video games and water play. The facility has an air-conditioned napping area for the little ones. Parents must register as soon as they arrive at the hotel. Cocoland's waterpark features a lazy river with a waterfall, water cannons, pools and water slides. The Clubhouse gives kids outdoor eco-activities and hikes exploring local wildlife and plants. Guest rooms have satellite television, safes, and patios or balconies. Splash two-bedroom family rooms offer internal connecting doors. Coconut Bay Resort and Spa P.O. Box 246 Vieux Fort, St. Lucia 877-352-8898 coconutbayresortandspa.com

Beaches Boscobel Resort & Golf Club

Beaches Boscobel Resort and Golf Club is Jamaica's only all-inclusive resort that offers golf for kids. Sandals Golf & Country Club features an 18-hole, par-71 course on a hilltop in Ocho Rios. Its Junior Golf Camp provides 20 hours of golf instruction for 8- to 16-year-olds. Kids receive morning instruction and afternoon play, take-home notes, lunch and certificates of achievement after completing camp. Amenities include the waterpark, water sports, fitness center, meal and snacks, and unlimited drinks. The 27,000-square-foot Pirates Island Water Park has six water slides designed for children, an aqua play area, a kiddie pool and water slides for adults. The Xbox 360 Game Garage offers unlimited free video games for kids of all ages. Family rooms have wireless Internet, living areas, kid's corners and sofa beds. Rooms accommodate rollaway beds. Beaches Boscobel P.O. Box 63, Ocho Rios St. Ann, Jamaica West Indies 876-975-7777 beaches.com

Paradise Island Harbour Resort

Paradise Island Harbour Resort is located on the Northern Shore of New Providence Island in the Central Bahamas, across the bridge from Nassau. All-inclusive rates include accommodations, three meals a day, drinks, activities, nightly entertainment, nonmotorized water sports and Camp Paradise Kids Club. Camp Paradise Kids Club provides supervised activities for 4- to 12-year-olds from 9 a.m. to 5 p.m. daily. Activities include hula hoops, reggae dance lessons, sand-castle building, pool basketball and volleyball, arts and crafts, singing contests, and video games. This resort offers 24-hour babysitting services for children 3 months to 12 years old for an additional fee. Paradise Island has three restaurants and a lobby bar. Captain's Table Buffet Restaurant serves a family-style buffet from breakfast, lunch and dinner. All 246 rooms include remote-controlled television with cable and Nintendo games, mini refrigerators, electronic safes and Internet data ports. Paradise Island Harbour Resort Paradise Island, Bahamas Harbor Drive Paradise Island Nassau, P.O. Box SS-6249 Bahamas 242-363-2561 paradiseislandbahama.com